

Niagara Modern Quilt Guild



JULY 2026

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Google: free maple leaf quilt pattern

NMQG Meeting

JULY 9, 2026
@ 7:00 - 9:00 pm.
Fonthill Meridian Ctr.

Executive Members

President - Sylvia K president@niagaramqg.ca
VP/Membership – Elsje JVR
vicepresident@niagaramqg.ca /
membership@niagaramqg.ca
Treasurer – Kelly T treasurer@niagaramqg.ca
Secretary - Carol L secretary@niagaramqg.ca
Program - Donna Z, Tracy M
program@niagaramqg.ca
Continuity Officer – JoAnne V

Non-executive Members

Advertising – Tracy M
Bee Hives - Kathleen O
50/50 - Carol L, Donna Z
Membership/Sign in Desk - Elizabeth L,
Jacqueline G
Newsletter - Shirley B newsletter@niagaramqg.ca
Photographer – Tracy M
Quilting Kindness - Sylvia K
quiltingkindness@niagaramqg.ca
Toonie Draw – Karen C, Bev B
Webmaster – Virginia S
webmaster@niagaramqg.ca

President's Message

In this age of technology it seems there are some bad players. You will see a Zoom Notice in this newsletter. We have opted to use reusable zoom links as we do not have the quilter power to manage new links for every meeting. This is part of our effort to make Executive roles less cumbersome. Rest assured we are not expecting this to happen and do not want to incite fear but we do want you to be aware of the possible situations. After this Thursday, we will meet on September 10th for our fantastic garage sale, so gather up your items and get ready. I encourage you to attend in person on Thursday, it has AC, and you can socialize with everyone, win prizes, see Sew and Tell and, most importantly, hear what is happening with your Guild during the after speaker meeting. After that, enjoy the rest of what promises to be a hot and sunny summer!! See you Thursday,
Sylvia K

2026 Meeting Dates:

July 9- Emilie Trahan on zoom
No meeting for August – enjoy the summer
September 10 -Trunk show Anastasia Harris and our **Annual Garage Sale**
October 8 - Joanna Masko
November 12 - Trunk show Denise Redgers
December 10 - Gift Exchange/ AGM, Friendship Celebration and more

CQA Challenge

- Quilt Canada will take place June 16-19 2027 in Calgary.
The Theme is "Welcome to the Wild Wild West".
The Guild Challenge theme is **GO WILD**.
For details go to the CQA website.
We need to advise CQA of our participation in February so if you are interested please let us know.
Sylvia K

Quilting Kindness

7 NICU, 15 placemats and 7 quilts are now available to our charities thanks to your generosity. We will be having a QK Sew Day Oct.3 to get ready for the Christmas rush so put it on your calendars. We have many quilts ready to be quilted both on longarm and domestic available for pick up at the meeting.
Sylvia K

Zoom Meetings

Zoom /Website Procedure in Case of Hack

We have set up the Zoom links as recurring meetings without a moderator needed as part of our effort to make Executive duties more manageable. The executive feels this is a reasonable and workable process as the links are available only in the members section on the website. In the situation where we are "hacked" you may be shown pictures or ideas that are undesirable. In this instance please everyone use the LEAVE THE MEETING option usually in the bottom right of your screen. We will contact you via email re the next steps.

As we do not publish a lot of personal information or have a large bank account our website is unlikely to be ransomed. However, if that happens we will not pay the ransom. All of the information on our site is saved elsewhere. This is one of the reasons we have limited the Personal Information on our website.

If you fear any of these situations you have the option of not accessing Zoom meetings or not having your name and phone number on the shared members list in the Members Only section of the website.

Sylvia K

Would you like to do a Zoombee and show our members how to do something you think they would love? Share techniques, projects etc...

Contact: niagaramqg@gmail.com

Block Lotto

Next block for the September Meeting (no August Meeting) is the Tossed Triangle Block. Please bring your Canada Flying Geese blocks to the July meeting.

See our website for instructions.

Contact: Ellen S program@niagaramqg.ca



Zoombees

TANYA'S SEW AND CHAT DATES FRIDAY'S 2026

Friday night, sewing with Tanya. Bring your sewing project whatever that may be. No need to sign up just follow the link, Tanya is always happy to talk about quilting and so are our other members.

"The zoom link for the member ID and passcode, can be found on the Niagara Modern Quilt Guild website at: niagaramqg.ca on the "Members Area" page when you log in."

**Sew and Chat with Tanya @7:00-9:00 pm
July 24th.**

Zoombees

Mondays with Anastasia 2026

Monday 6:30 – 8:00 pm

Off for the summer – See you September 14th

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PROGRAM for JULY



Emilie Trahan

I cut fabrics and then I sew it back together. I started quilting back in 2013, a year marked by personal and professional changes, and grief. My journey into the quilting world has been self-taught and improvisational, which would later translate in my creative process base on improvisation.

Grounded in the roots of the origins of quilting and because of environmental concerns, my quilts are all made of up-cycled fabrics (bed sheets, shirts, pillowcases, scraps, tablecloths,...) and up cycled batting (flannel sheets, blankets,...).

Making new with the old.

Quilting is a work of love and connection that reaches deep into my soul. Connecting fabrics together, connecting with the heritage of the past, connecting in the moment, connecting to the intangible.

Even though each project has their own quest, a common thread throughout my work is the desire to conceive what exists beyond our senses. My goal is to translate the immaterial in this very visual and touchable object. To me, that is the essence of abstract art. The universe in its broadness or its infinitely small state, the "what is beyond?", the question of time, those are all paradigms that I attempt to pull from.

Think science fiction but in quilts. Made with old pillowcases.

The language and poetry of colors and shapes are my music. Improvisation is where I compose. There I find a sense of freedom and joy that allows me to explore my own creativity.

And play, simply play. Because it is not that serious.

It is only fabrics, and the exploration of my deepest self.

By day I am also a palliative care physician. Which might explain the life and death focus that reflects in so many of my quilts.

Emilie Trahan: www.emilietrahan.com



Blooming



Blind them with Kindness



For Estelle



Out of the blue

BeeHive Community



Wednesday - July 29th

10:00 am – 12:00 noon

Dr. Huq Library, 425 Carlton St., St Catharines

An inclusive monthly group for Members and all stitchers.

All projects optional. Come to chat, bring Sew & Tell, *and there will be Shortbread.*

Coffee and tea available in foyer \$1.

Optional: Please join us for this small sized project.

Bring your Ideas.

Embroidery ♥ Stitches - No previous knowledge?

Tutorials start with easiest stitch.

Supplies: 6" to 8" Embroidery hoop (always a good supply at thrift stores). Embroidery Floss (not white) 10" square (approx.) of white quilting cotton or linen (Not denim). Erasable marker, small ruler, small sharp scissors, embroidery needle # 24 or 26 or chenille needle.

Please consider our advertisers ~ Sunny Quilt Creative, Kindred Spirits, Up Yur Quilt, see advertisers page below~

If you have any questions, contact: Kathleen O, niagaramqq@gmail.com

Member Business Owners

Include your business card in the Newsletter. Let our members and FB readers know where they can access their quilting needs. Send an email, subject line "Advertising" to: niagaramqg@gmail.com for more information.

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Make sure to come to our new address

188 Bunting Road, St. Catharines
www.kindredspiritsquiltco.com
 905-397-9500 Mon-Sat 9:30-5:30

It's Back!

July Shop Hop includes some new shops this year for 13 total participating shops. A full list can be found on julyshophop.com

Kindred Spirits has a wide selection of quilting fabrics, patterns, notions, and kits. Customers enjoy our classes, block of the month programs, and education events. We are an HQ Elite award winning Handi Quilter retailer. Talk to us about finding the perfect machine for your needs!

Our store is conveniently located just 5 minutes from the QEW. Follow us on Facebook and Instagram for updates about new products, sales, and events.

See you soon!



Christmas Gift Exchange

For you eager beavers who are already asking, the gift this year will be a table topper.

Toppers can be any shape round, square, octagonal etc. but they CANNOT be rectangular. That would make them table runners wouldn't it?

Minimum diameter of 12 inches.



(Shown is Free Table Top Quilting Patterns – American Patchwork & Quilting Editors – Star of the Table)

Sew Days
Trillium United
 415 Linwell Road, St. Catharines
 From 9am-3pm
 Sept 19th/26 & Nov 7th/26



Come and join us for a day of quilting, friendship and fun. Bring whatever you are working on. Ironing stations will be provided. No charge for guild members, friends are welcome \$10 for non guild members. Coffee and tea will be provided, bring your lunch and snacks.

Please register at
program@niagaramqg.ca

Member Corner

We have found a unique idea if you have a quilter to buy a Christmas gift for (or yourself!). An Advent Calendar you need to see. Until July 10 you can get \$15 off with the code ADVENTGUILD. Have a look <https://www.pinkdoorfabrics.com/products/lizzy-house-x-pink-door-2026-advent-calendar>

Sylvia



Sew & Tell

Your Name _____

Quilt Name _____

Tell us about your quilt(Inspiration, pattern designer, quilting, fabrics used, intended recipient/use, technique, something you learned)

My quilt features these modern elements:

- | | | |
|--------------------------------------|--|--|
| ☐ Maximalism | ☐ Alt. Grid | ☐ Neg. Space |
| ☐ Minimalism | ☐ Improvisation | ☐ Modern Quilting |
| ☐ Bold colour | ☐ High contrast | ☐ Graphic Design |
| ☐ Bold prints | ☐ Scale | ☐ Mod. Traditionalism |



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